Atlantic Shore Surgical Associates

478 Brick Blvd, Brick NJ 08723
Phone: 732-701-4848 Fax: 732-701-1469

Steven R. Priolo, M.D., F.A.C.S.
Jonathan Yrad, M.D., F.A.C.S.
Tarun Bhandari, M.D.
Eugene Zurkovsky, M.D.
Anil Pahuja, M.D., F.A.C.S.
James V. Pasquariello, M.D., F.A.C.S.

Forrest Rubenstein, M.D. Rory Snepar, D.O. Govardhana Yannam, M.D. Abha Ojha Kathuria, M.D. Christopher Buchholz, D.O. Omar Z. Ahmed, M.D.

PATIENT RESPONSIBILITY FOR FOLLOW-UP CARE PLEDGE

| l,() | print last name), | (print first name), hereby acknowledge and |
|------------------------|--|--|
| understand that eve | en with the best training, skill and | experience, a medically trained professional is not |
| always capable of so | plying my medical problems. Ther | efore, I understand it is important that any and all |
| recommendations b | y doctors are followed completely | in order to increase the likelihood of a positive |
| and healthy treatme | ent/outcome. I acknowledge and | understand that if any physician in this office |
| prescribes medicine | to me that the proper taking of a | ny such medicine shall be my sole responsibility (or |
| my guardian who ha | as attended this consultation). I ag | gree to properly follow the prescribed dosage and |
| frequency amounts | of these medicines as recommend | led by my doctor. |
| I understand that if | a doctor in this office refers me to | see another doctor or receive another test |
| including, but not lin | mited to, a blood test, an MRI, or (| CT scan, this timely recommendation is important |
| and essential to the | ultimate success of my treatment | outcome. I understand that it is not possible for |
| any person in this of | ffice to constantly follow-up to en | sure that I have followed these recommendations. |
| Therefore, I underst | and that if I fail to see that special | ist or obtain the test for which I was referred |
| immediately, this ca | n risk my current health or increa | se future health risks. |
| I understand that it i | is solely my responsibility to follow | v any of the medical advice given by any medical |
| person in this office | and any bad health outcome from | n my failure to follow the advice of my doctors |
| should be expected. | | |
| | | |
| Signature | Data | • |

ATLANTIC SHORE SURGICAL ASSOCIATES

478 BRICK BLVD.
BRICK, NJ 08723-6077
PHONE: (732) 701-4848 FAX: (732) 701-1469

PATIENT DISCLOSURE INFORMATION

In general, the HIPAA privacy rule gives individuals the right to request a restriction on uses and disclosures of their protected health information (PHI). The individual is also provided the right to request confidential communication of PHI be made by alternative means, such as sending correspondence to the individual's office instead of individual's home.

I wish to be contacted in the following manner (check all that apply)

| Home telephone # | Written communication |
|--|--------------------------------------|
| ok to leave message with detailed | ok to mail to home address |
| information | ok to mail to my work address |
| leave message with call back number only | ok to fax to this number |
| Work telephone # | Persons authorized to receive info |
| ok to leave message with detailed | relationship |
| information | relationship |
| leave message with call back number only | relationship |
| other | * *** |
| | |
| | |
| | |
| By signing this document, I acknowledge | e that I have received a copy of the |
| Atlantic Shore Surgical Associates, P.A. r | |
| Atlantic Shore Surgical Associates, P.A. | lotice of privacy practices. |
| Patlent's Signature: | Date: |
| Patient's Name (print): | Date of Birth: |
| | |
| Parent/Guardian Signature (if patient is under | · 18): |

| Diabetes NO YES Hypertension NO YES Cancer NO YES Stroke NO YES Heart Trouble NO YES Heart Trouble NO YES Convulsions NO YES Bleeding tendency NO YES Acute infections NO YES Hereditary disease NO YES Last menstrual period: Correct Disease Disease If Deceased, Cause of Defendency AGE DISEASE Spouse Children Children | Refe | erring Physician: | | | | | Date: |
|--|------------------|---|-------------|------------|---------------------------------------|----------------------|--|
| ## Location (Where is the pain/ problem?) * Location (How severe is the pain/ problem?) * Severity (How severe is the pain/ problem on a scale of 1-5? 5 being the most severe) * Timing (Does the pain/problem occur at a specific time?) * Quality (Example: normal vs. abnormal color, activity, etc) * Duration (How long have you had this pain/ problem? Or when did it start?) * Context (Where were you at the onset of this pain/ problem?) * Associated signs/ symptoms (Where were you at the onset of this pain/ problem?) * Modifying factors (What makes the pain/ problem worse or better? Or Have you had previous episodes?) **MEDICAL HISTORY:* * Patient Medical History: Previous Hospitalizations/ Surgeries/ Serious Injuries Where Stroke NO YES Cancer NO YES Heart Trouble NO YES Convulsions NO YES Heart Trouble NO YES Heart Trouble NO YES Convulsions NO YES Heart Trouble NO YES Heart Trouble NO YES Convulsions NO YES Convulsions NO YES Heart Trouble NO YES Convulsions NO YES Co | Pati | ent Name: | | | | | Date of Birth: |
| Location (Where is the pain/ problem?) Severity (How severe is the pain/problem on a scale of 1-5? 5 being the most severe) Timing (Does the pain/problem occur at a specific time?) Quality (Example: normal vs. abnormal color, activity,etc) Duration (How long have you had this pain/ problem? Or when did it star?) Context (Where were you at the onset of this pain/ problem?) Associated signs/ symptoms (Where associated problems have you been having?) Modifying factors (What makes the pain/ problem worse or better? Or Have you had previous episodes?) MEDICAL HISTORY: Patient Medical History: Patient Medical History: Patient Medical History: Previous Hospitalizations/ Surgeries/ Serious Injuries Where Stroke NO YES Arthritis/ Gout NO YES Acancer NO YES Arthritis/ Gout NO YES Acute infections NO YES Hereditary disease NO YES Hereditary disease NO YES Hereditary disease NO YES Patient Social History: Marital status: Single Married Separated Divorced Widowed Use of drugs: Never Previously, but quit Current packs/ day Use of drogs: Never Type/ Frequency Excessive exposure at home or work to: Fumes Dust Solvents Air-borne Particles Noise Family Medical History: AGE DISEASE If Deceased, Cause of Deceased Children Siblings Spouse Children | Chie | ef Complaint: | | <u>.</u> | | | |
| • Severity (How severe is the pain/problem on a scale of 1-5? 5 being the most severe) • Timing (Does the pain/problem occur at a specific time?) • Quality (Example: normal vs. abnormal color, activity,etc) • Duration (How long have you had this pain/ problem?) • Context (Where were you at the onset of this pain/ problem?) • Associated signs/ symptoms other associated problems have you been having?) • Modifying factors (What makes the pain/ problem worse or better? Or Have you had previous episodes?) MEDICAL HISTORY: Patient Medical History: Previous Hospitalizations/ Surgeries/ Serious Injuries Wher Diabetes NO YES Hypertension NO YES Stroke NO YES Stroke NO YES Heart Trouble NO YES Arthritis/ Gout NO YES Convulsions NO YES Acute infections NO YES Acute infections NO YES Acute infections NO YES Herofitary disease NO YES Herofitary disease NO YES Herofitary disease NO YES Herofitary disease NO YES Last menstrual period: Patient Social History: Marital status: Single Married Separated Divorced Widowed Use of drugs: Never Trype/ Frequency Excessive exposure at home or work to: Fumes Dust Solvents Air-borne Particles Noise ACE Father Mother Siblings Spouse Children Spouse Children Spouse Children Spouse Children Spouse Children Siblings | His | tory of present ill | ness: | | | | |
| Severity (How severe is the pain/problem on a scale of 1-5? 5 being the most severe) Timing (Does the pain/problem occur at a specific time?) Quality (Example: normal vs. abnormal color, activity,etc) (How long have you had this pain/ problem? Or when did it star?) Context (Where were you at the onset of this pain/ problem?) Aasociated signs/ symptoms other associated problems have you been having?) Modifying factors (What makes the pain/ problem worse or better? Or Have you had previous episodes?) MEDICAL HISTORY: Patient Medical History: Patient Medical History: Previous Hospitalizations/ Surgeries/ Serious Injuries When Diabetes NO YES Hypertension NO YES Stroke NO YES Arthritis/ Gout NO YES Acaneer NO YES Arthritis/ Gout NO YES Acute infections NO YES Acute infections NO YES Hereditary disease NO YES Datient Social History: Marital status: Marital status: Single Married Separated Divorced Widowed Use of alcohol: Never Rarely Moderate Daily Use of forbacco: Never Previously, but quit Current packs/ day Use of drags: Never Type/ Frequency Excessive exposure at home or work to: Fumes Dust Solvents Air-borne Particles Noise Family Medical History: AGE DISEASE If Deceased, Cause of De Mother Shblings Spouse Children AGE DISEASE If Deceased, Cause of De | • | Location | | | | (Where is the | pain/ problem?) |
| Timing (Does the pain/problem occur at a specific time?) Quality (Example: normal vs. abnormal color, activity,etc) Duration (How long have you had this pain/ problem? Or when did it start?) Context (Where were you at the onset of this pain/ problem?) Associated signs/ symptoms other associated problems have you been having?) Modifying factors (What makes the pain/ problem worse or better? Or Have you had previous episodes?) MEDICAL HISTORY: Patient Medical History: Diabetes NO YES Hypertension NO YES Cancer NO YES Stroke NO YES Heart Trouble NO YES Arthritis/ Gout NO YES Convulsions NO YES Convulsions NO YES Acute infections NO YES Herat Trouble NO YES Acute infections NO YES Herat Trouble NO YES Acute infections NO YES Herat Social History: Marital status: Single Married Separated Divorced Widowed Use of alcohol: Never Rarely Moderate Daily Use of drugs: Never Type/ Frequency Excessive exposure at home or work to: Fumes Dust Solvents Air-borne Particles Noise Family Medical History: AGE DISEASE If Deceased, Cause of Defatier of the pain/problem occur at a specific time?) (Where were you at the onset of this pain/problem?) (Where were you at the onset of this pain/problem?) (Where were you at the onset of this pain/problem?) (Where were you at the onset of this pain/problem?) (Where were you at the onset of this pain/problem?) (Where were you at the onset of this pain/problem?) (Where were you at the onset of this pain/problem?) (Where were you at the onset of this pain/problem?) (Where were you at the onset of this pain/problem?) (Where were you at the onset of this pain/problem?) (Where were you at the onset of this pain/problem?) (Where were you at the onset of this pain/problem?) (Where were you at the onset of this pain/problem?) (Where were you at the onset of this pain/problem?) (Where were you at the onset of this pain/problem?) (Where were you at the onset of this pain/problem?) (Where were you at the onset of this pain/problem?) (Where were you at the onset of this pain/problem? | • | Severity | | | | (How severe | is the pain/problem on a scale of 1-5? |
| Patient Medical History: Diabetes NO YES Hypertension NO YES Heart Trouble NO YES Actue infections NO YES Heart Trouble NO YES Actue infections NO YES Heart Trouble NO YES Hear | • | Timing | | | | - | |
| • Duration (How long have you had this pain/ problem? Or when did it start?) • Context (Where were you at the onset of this pain/ problem?) • Associated signs/ symptoms (Where were you at the onset of this pain/ problem?) • Modifying factors (What makes the pain/ problem worse or better? Or Have you had previous episodes?) MEDICAL HISTORY: Patient Medical History: Previous Hospitalizations/ Surgeries/ Serious Injuries When Diabetes NO YES Hypertension NO YES Cancer NO YES Stroke NO YES Arthritis Gout NO YES Convulsions NO YES Acute infections NO YES Acute infections NO YES Acute infections NO YES Heeral disease NO YES Hereditary disease NO YES Hereditary disease NO YES Last menstrual period: Patient Social History: Married Separated Divorced Widowed Use of alcohol: Never Rarely Moderate Daily Use of tobacco: Never Type/ Prequency Excessive exposure at home or work to: Fumes Dust Solvents Air-borne Particles Noise Family Medical History: AGE DISEASE If Deceased, Cause of Default. | • | | | | | | |
| • Context | • | | | | | (How long h | ave you had this pain/ problem? Or |
| Associated signs/ symptoms other associated problems have you been having?) Modifying factors (What makes the pain/ problem worse or better? Or Have you had previous episodes?) MEDICAL HISTORY: Patient Medical History: Previous Hospitalizations/ Surgeries/ Serious Injuries When Diabetes NO YES Hypertension NO YES Cancer NO YES Heart Trouble NO YES Heart Trouble NO YES Arrhritis/ Gout NO YES Convulsions NO YES Medications: Bleeding tendency NO YES Acute infections NO YES Hereditary disease NO YES Last menstrual period: Patient Social History: Marital status: Single Married Separated Divorced Widowed Use of alcohol: Never Previously, but quit Current packs/ day Use of forbacco: Never Previously, but quit Current packs/ day Use of forbacc Never Type/ Frequency Excessive exposure at home or work to: Fumes Dust Solvents Air-borne Particles Noise AGE DISEASE If Deceased, Cause of Defather Mother Siblings Spouse Children Spouse Spouse Children Spouse Children Spouse Spouse Children Spouse Spouse Children Spouse Spouse Spouse Children Spouse Spouse Spouse Spouse Children Spouse Spo | • | Context | | · | | (Where were | • |
| other associated problems have you been having?) Modifying factors (What makes the pain/ problem worse or better? Or Have you had previous episodes?) MEDICAL HISTORY: Patient Medical History: Diabetes NO YES Hypertension NO YES Cancer NO YES Stroke NO YES Heart Trouble NO YES Arthritis/ Gout NO YES Acute infections NO YES Hereditary disease NO YES Hereditary disease NO YES Hereditary disease NO YES Hereditary disease NO YES Warital status: Marital status: Single Married Separated Divorced Widowed Use of alcohol: Never Rarely Moderate Daily Use of drugs: Never Type/ Frequency Excessive exposure at home or work to: Fumes Dust Solvents Air-borne Particles Noise Father Mother Siblings Spouse Children Children | _ | Associated signs/sur | | | | • | (1)4 |
| Medifying factors (What makes the pain/ problem worse or better? Or Have you had previous episodes?) MEDICAL HISTORY: Patient Medical History: Diabetes NO YES Hypertension NO YES Cancer NO YES Stroke NO YES Heart Trouble NO YES Arthritis/ Gout NO YES Convulsions NO YES Acute infections NO YES Venereal disease NO YES Hereditary disease NO YES Hereditary disease NO YES Warital status: Single Married Separated Divorced Widowed Use of alcohol: Never Rarely Moderate Daily Use of drugs: Never Type/ Frequency Excessive exposure at home or work to: Furnes Dust Solvents Air-borne Particles Noise Family Medical History: AGE DISEASE If Deceased, Cause of Decease Children Spouse Children | • | | | | having?) | | (wn |
| (What makes the pain/ problem worse or better? Or Have you had previous episodes?) MEDICAL HISTORY: Patient Medical History: Diabetes NO YES Hypertension NO YES Cancer NO YES Stroke NO YES Heart Trouble NO YES Convulsions NO YES Arthritis/ Gout NO YES Acute infections NO YES Acute infections NO YES Venereal disease NO YES Hereditary disease NO YES Hereditary disease NO YES Last menstrual period: Patient Social History: Marital status: Single Married Separated Divorced Widowed Use of lobacco: Never Previously, but quit Current packs/ day Use of obacco: Never Type/ Frequency Excessive exposure at home or work to: Family Medical History: AGE DISEASE If Deceased, Cause of Decease Children Spouse Children | | | | | - | | |
| MEDICAL HISTORY: Patient Medical History: Diabetes NO YES Hypertension NO YES Cancer NO YES Stroke NO YES Heart Trouble NO YES Convulsions NO YES Achthritis/Gout NO YES Acute infections NO YES Hereditary disease No YES No YES Hereditary disease No YES No YES No YES Hereditary disease No YES No | • | (What makes the pain/ | arobiem v | vorse or h | etter? Or Have vo | u had previous eniso | odes?) |
| Patient Medical History: Diabetes NO YES Hypertension NO YES Cancer NO YES Stroke NO YES Arthritis/ Gout NO YES Convulsions NO YES Acute infections NO YES Heard Trouble NO YES Convulsions NO YES Bleeding tendency NO YES Acute infections NO YES Hereditary disease NO YES Heredita | | (· · · · · · · · · · · · · · · · · · · | | | or many | a nau provious episo | |
| Diabetes NO YES Hypertension NO YES Cancer NO YES Stroke NO YES Heart Trouble NO YES Heart Trouble NO YES Convulsions NO YES Bleeding tendency NO YES Acute infections NO YES Venereal disease NO YES Hereditary disease NO YES Hereditary disease NO YES Hereditary disease NO YES Use of alcohol: Never Rarely Moderate Daily Use of lobacco: Never Previously, but quit Current packs/ day Use of tobacco: Never Type/ Frequency Excessive exposure at home or work to: Fumes Dust Solvents Air-borne Particles Noise Family Medical History: AGE Pather Mother Siblings Spouse Children | ME | DICAL HISTORY | (; | | | | |
| Diabetes NO YES Hypertension NO YES Cancer NO YES Stroke NO YES Heart Trouble NO YES Heart Trouble NO YES Convulsions NO YES Bleeding tendency NO YES Acute infections NO YES Venereal disease NO YES Hereditary disease NO YES Hereditary disease NO YES Hereditary disease NO YES Hereditary disease NO YES Use of alcohol: Never Rarely Moderate Daily Use of tobacco: Never Previously, but quit Current packs/ day Use of drugs: Never Type/ Frequency Excessive exposure at home or work to: Furnes Dust Solvents Air-borne Particles Noise Family Medical History: AGE Pather Mother Siblings Spouse Children | | Patient Medical His | tory: | | Previous Hos | spitalizations/ Sur | geries/ Serious Injuries When' |
| Cancer NO YES Stroke NO YES Heart Trouble NO YES Heart Trouble NO YES Arthritis/ Gout NO YES Convulsions NO YES Bleeding tendency NO YES Acute infections NO YES Hereditary disease NO YES Hereditary disease NO YES Hereditary disease NO YES Last menstrual period: Patient Social History: Marital status: Single Married Separated Divorced Widowed Use of alcohol: Never Rarely Moderate Daily Current packs/ day Use of drugs: Never Previously, but quit Current packs/ day Use of drugs: Never Type/ Frequency Excessive exposure at home or work to: Fumes Dust Solvents Air-borne Particles Noise Family Medical History: AGE DISEASE Spouse Children Spouse Children | | | - | | | • | • |
| Stroke NO YES Heart Trouble NO YES Arthritis/ Gout NO YES Convulsions NO YES Bleeding tendency NO YES Acute infections NO YES Venereal disease NO YES Hereditary disease NO YES Harital status: Single Married Separated Divorced Widowed Use of alcohol: Never Rarely Moderate Daily Use of tobacco: Never Previously, but quit Current packs/ day Use of drugs: Never Type/ Frequency Excessive exposure at home or work to: Fumes Dust Solvents Air-borne Particles Noise Family Medical History: AGE DISEASE If Deceased, Cause of Determinant Children Siblings Spouse Children Spouse Children Spouse Spouse Spouse Spouse Spouse Children Spouse | | | | | | | |
| Heart Trouble NO YES Arthritis/ Gout NO YES Convulsions NO YES Bleeding tendency NO YES Acute infections NO YES Venereal disease NO YES Hereditary disease NO YES Hereditary disease NO YES Last menstrual period: Patient Social History: Married Separated Divorced Widowed Use of alcohol: Never Rarely Moderate Daily Use of tobacco: Never Previously, but quit Current packs/ day Use of drugs: Never Type/ Frequency Excessive exposure at home or work to: Furnes Dust Solvents Air-borne Particles Noise Family Medical History: AGE DISEASE If Deceased, Cause of Deceased Children Spouse Children | | - | | | | | |
| Arthritis/ Gout NO YES Convulsions NO YES Medications: Bleeding tendency NO YES Acute infections NO YES Venereal disease NO YES Hereditary disease NO YES Hereditary disease NO YES Last menstrual period: Patient Social History: Marital status: Single Married Separated Divorced Widowed Use of alcohol: Never Rarely Moderate Daily Use of fobacco: Never Previously, but quit Current packs/ day Use of drugs: Never Type/ Frequency Excessive exposure at home or work to: Fumes Dust Solvents Air-borne Particles Noise Family Medical History: AGE DISEASE If Deceased, Cause of Deceased Children Spouse Children | | | | | | | |
| Convulsions NO YES Medications: Bleeding tendency NO YES Acute infections NO YES Venereal disease NO YES Hereditary disease NO YES Hereditary disease NO YES Last menstrual period: Patient Social History: Marital status: Single Married Separated Divorced Widowed Use of alcohol: Never Rarely Moderate Daily Current packs/ day Use of tobacco: Never Previously, but quit Current packs/ day Use of drugs: Never Type/ Frequency Excessive exposure at home or work to: Fumes Dust Solvents Air-borne Particles Noise Family Medical History: AGE DISEASE If Deceased, Cause of Deceased Children Spouse Children | | | | | | ····· | |
| Acute infections NO YES Venereal disease NO YES Hereditary disease NO YES Hereditary disease NO YES Last menstrual period: Patient Social History: Marital status: Single Married Separated Divorced Widowed Use of alcohol: Never Rarely Moderate Daily Use of tobacco: Never Previously, but quit Current packs/ day Use of drugs: Never Type/ Frequency Excessive exposure at home or work to: Fumes Dust Solvents Air-borne Particles Noise Family Medical History: AGE DISEASE If Deceased, Cause of Defendence Siblings Spouse Children | | Convulsions | NO | YES | Medications | | |
| Venereal disease NO YES Hereditary disease NO YES Last menstrual period: Patient Social History: Marital status: Single | | | NO | YES | · · · · · · · · · · · · · · · · · · · | | |
| Hereditary disease NO YES Last menstrual period: Patient Social History: Marital status: Single Married Separated Divorced Widowed Use of alcohol: Never Rarely Moderate Daily Current packs/ day Use of tobacco: Never Previously, but quit Current packs/ day Excessive exposure at home or work to: Fumes Dust Solvents Air-borne Particles Noise Family Medical History: AGE DISEASE If Deceased, Cause of Deceased Children Spouse Children | | | | | | | |
| Marital status: Single Married Separated Divorced Widowed Use of alcohol: Never Rarely Moderate Daily Use of tobacco: Never Previously, but quit Current packs/ day Use of drugs: Never Type/ Frequency Excessive exposure at home or work to: Fumes Dust Solvents Air-borne Particles Noise Family Medical History: AGE DISEASE If Deceased, Cause of Defather Mother Siblings Spouse Children | | | | | | | |
| Marital status: Single Married Separated Divorced Widowed Use of alcohol: Never Rarely Moderate Daily Use of tobacco: Never Previously, but quit Current packs/ day Use of drugs: Never Type/ Frequency Excessive exposure at home or work to: Fumes Dust Solvents Air-borne Particles Noise Family Medical History: AGE DISEASE If Deceased, Cause of Determinant Deceased Course of Deceased Course Of Deceased Course Of Decease | ر ش | | | YES | Last menstrus | il period: | |
| Use of tobacco: Never | | Marital status: | Sinole | | Married | Senarated | Divorced Widowed |
| Use of tobacco: Never Previously, but quit Current packs/ day Use of drugs: Never Type/ Frequency Excessive exposure at home or work to: Fumes Dust Solvents Air-borne Particles Noise Family Medical History: AGE DISEASE If Deceased, Cause of Defeather Mother Siblings Spouse Children | | Use of alcohol: | Never | | Rarely | Moderate | Daily |
| Use of drugs: Never Type/ Frequency Excessive exposure at home or work to: Furnes Dust Solvents Air-borne Particles Noise Family Medical History: AGE DISEASE If Deceased, Cause of Defendance Mother Siblings Spouse Children | | | Never | | Previously, but | auit | Current packs/ day |
| AGE DISEASE If Deceased, Cause of Deceased, Cause o | | Use of drugs: | Never_ | | Type/ Frequence | cy | |
| AGE DISEASE If Deceased, Cause of Defeated Mother Siblings Spouse Children | () - | Excessive exposure | e at home | or work | to: Fumes | Dust Solvents_ | Air-borne Particles Noise |
| Father Mother Siblings Spouse Children | | | ory: | | DICTACE | | ISD CSD |
| Mother Siblings Spouse Children | | Frather. | | | | | |
| Spouse Children | | Mother | | | | | |
| Spouse Children | | Siblings | | | | | |
| Spouse Children | | | | | | | |
| Children | | Spouse | | | | | |
| | | Children | | | | | |
| | | | | | | | |
| | | | | | | | |
| VEATE ASET BA: | DEL | /FEMEN DV | | | | | , |
| (For Physician Signature Only) | | | Only) | | | | DATE: |

| | | | | • | | |
|------------------------------------|---|---|---------|--|----|----|
| CONSTITUTIONAL SYMPTOMS | | _ | | MUSCULOSKELETAL | | ., |
| Good general health lately | | Y | | Joint pain | N | |
| Recent weight change | | Y | - | Joint stiffness or swelling | N | |
| Fever | | Y | | Weakness of muscles or joints | | Y |
| Fatigue | | Y | | Muscle pain or cramps | N | |
| Headaches | N | Y | Y | Back pain | | Y |
| EYES | | | | | N | |
| Eye disease or injury | Ν | | | Difficulty in walking | N | Y |
| Wear glasses/ contact lenses | Ν | | | INTEGUMENTARY (skin, breast) | | |
| Blurred or double vision | - | Y | | Rash or itching | | Y |
| Glaucoma | Ν | Υ | Υ | Change in skin color | N | _ |
| EARS/ NOSE/ MOUTH/ THROAT | | | | , | N | |
| Hearing loss or ringing | N | - | - | | Ņ | - |
| Earaches or drainage | N | - | - | = | N | - |
| Chronic sinus problem or rhinitis | N | | | | N | Y |
| Nose bleeds | N | ì | Y 🗁 | NEUROLOGICAL | | |
| Mouth sores | N | Y | Y | | N | |
| Bleeding gums | Ν | Y | Y | | N | |
| Bad breath or bad taste | Ν | Y | Y | | N | - |
| Sore throat or voice change | N | Y | Υ | * · · · · · · · · · · · · · · · · · · · | N | |
| Swollen glands in neck | Ν | Y | Υ | • - + | N | |
| CARDIOVASCULAR | | | | | N | |
| Heart trouble | N | | | Stroke | N | Y |
| Chest pain or angina pectoris | N | Y | | 11000 25027 | Ν | Y |
| Palpitation | N | Y | Y 🗁 | PSYCHIATRIC | | |
| Shortness of breath w/ walking | Ν | Y | Y | Memory loss or confusion | Ν | - |
| Swelling of feet, ankles or hands | N | Y | Υ | Nervousness | N | Y |
| RESPIRATORY | | | | Depression | N | Υ |
| Chronic or frequent coughs | Ν | Y | Y | Insomnia | N | Υ |
| Spitting up blood | N | Y | Y 🗁 | ENDOCRINE | | |
| Shortness of breath | Ν | Y | Y | | N | |
| Asthma or Wheezing | N | Y | Y | | N | - |
| ☐ GASTROINTESTINAL | | | | | Ŋ | |
| Loss of appetite | - | Y | - | Excessive thirst or urination | N | |
| Change of bowel movements | | Y | | Heat or cold intolerance | N | Y |
| Nausea or vomiting | N | | | Skin becoming dryer | N | Y |
| Frequent diarrhea | N | | | | N | Y |
| Painful bowel movements | N | Y | Y 🗁 | HEMATOLOGICAL/ LYMPHATIC | | |
| Constipation | N | Y | Y | Slow to heal after cuts | N | Y |
| Rectal bleeding or blood in stool | N | Y | Y | Bleeding or bruising tendency | N | Y |
| Abdominal pain | Ν | | | | Ν | |
| Peptic ulcer (stomach or duodenal) | Ν | Y | Y | | N | Y |
| □ GENITOURINARY | | | | | N | |
| Frequent urination | Ν | Y | | | Ν | Y |
| Burning or painful urination | N | Y | Y 🗁 | ALLERGIC/ IMMUNOLOGIC | | |
| Blood in urine | N | Y | Y Histo | ory of skin reaction or adverse reaction t | o: | 4. |
| Incontinence or dribbling | N | Y | Υ | Penicillin | | Ϋ́ |
| Kidney Stones | Ν | | | Morphine, Demerol, other Narcotic | | |
| Sexual difficulty | N | | | | N | |
| Male ~ testicle pain | N | | | • | N | |
| Female~ painful periods | Ν | | | Tetanus antitoxins or other serums | | |
| Female~ irregular periods | N | | | Iodine, Methiolate, other antiseptic | | |
| Female~ vaginal discharge | Ν | Y | Y | | N | |
| Female # of pregnancies | | | | Other drugs/ medications: | | _ |
| Female # of miscarriages | | | Kno | wn food allergies: | | |
| Female ~ date of last pap smear | | | | ronmental allergies: | | _ |

| Reviewed by: | Date: |
|--------------|-------|

Diet History

Please be as detailed and specific as possible. Most insurance companies will require the following information.

| following information. | |
|---|-----------------------|
| How many years have you been overweight | ? |
| Lowest adult weight? | Highest adult weight? |

| Ty | ype of weight Dates | | eight Dates Number of times tried? | | Total weight Loss | |
|----|---------------------|--|------------------------------------|--|-------------------|--|
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | · | | | |
| | | | | | | |
| | | | · | | | |
| | | | • | | | |
| `` | | | | | 4. | |
| | | | | | | |

Examples: Weight Watchers, Self diet (low calorie, low carb), Jenny Craig, Atkins, South Beach, Palco, Optifast, Isagenix, Nutrisystem, diet pills, HCG